

# Be a part of the Champion network with Stockton-on-Tees Community Wellbeing Champions



➤ The Community Wellbeing Champion network has been established to empower and support the residents of Stockton-on-Tees to stay up to date with key Public Health issues.

➤ The network helps to dispel misinformation, provide support and identify any barriers that face out communities.

As a Wellbeing Champion you'll be able to share the latest information from Public Health Stockton-on-Tees with your friends, family and community.



## ➤ How will my support help?

If you find any concerns amongst the people of Stockton-on-Tees, you will be able to feedback questions and issues to the CWC team who work with Public Health to seek clarity and resolutions.

Importantly, the intelligence Champions feedback to us from their communities can really help make a real change. Our service model follows 3 steps; Connect, Work and Change, which outlines how we strive to run the project and support our Champions.

## Personal qualities:

- Ability to be a good communicator and listener.
- Willingness to work with staff and other Champions.
- Confidence in sharing information and providing peer support as part of a network of Champions.
- Ability to work independently and as part of a team.



## How to join us

Contact

[sccc@pcp.uk.net](mailto:sccc@pcp.uk.net)

